

# Malaria prevention

Malaria is a serious illness that is common in many parts of Africa, Asia, South America and some areas in the Far and Middle East. The risk is particularly high in sub-Saharan Africa.

If you are thinking of travelling outside the UK, start preparing for your trip, especially long trips, at least eight weeks before you go. But even if time is short it is never too late to get travel health advice.

You can get advice on malaria prevention and general travel health advice from community pharmacies, your GP practice and private travel clinics.

NHS Lambeth CCG no longer supports the routine prescribing of malaria prevention medicines on the NHS locally, for travel abroad. This will bring prescribing in the borough in line with national guidance.

**You can buy the following malaria prevention medicines over the counter from a community pharmacy. You don't need a prescription.**

- chloroquine (Avloclor ®)
- proguanil (Paludrine ®)
- chloroquine with proguanil (Avloclor/Paludrine ®)
- atovaquone with proguanil (Maloff Protect ®)

**You will need to pay privately for the following malaria prevention medicines:**

- atovaquone with proguanil hydrochloride (Malarone ®, Mafamoz ®, Reprapog ®)
- doxycycline
- mefloquine (Larium ®)

Your GP practice may provide you with a private prescription for the above malaria prevention medicines.

Alternatively, you can visit a private travel health clinic to obtain these malaria prevention medicines. Some community pharmacies also provide private travel health services. There will be a charge.

It is important to consider the cost of malaria prevention medicines when budgeting for your trip abroad.

**For more advice and information on travel health please visit [www.lambethccg.nhs.uk](http://www.lambethccg.nhs.uk)**

