

HEALTH AND WELLBEING BOARD

Thursday 4 April 2019 at 6.00 pm

MINUTES

PRESENT: Councillor Jim Dickson (Chair), Ruth Hutt, Councillor Jacqui Dyer, Dr Nandini Mukhopadhyay, Catherine Pearson, Adrian McLachlan, Annie Hudson, Fiona Connolly

APOLOGIES: Dr Jane Fryer, Andrew Eyres, Sarah Corlett

ALSO PRESENT: Councillor Ed Davie, Tony Parker

Action
required by

1. **DECLARATIONS OF INTEREST**

None were declared.

2. **MINUTES OF PREVIOUS MEETING**

RESOLVED: That the minutes of the previous meeting held on 6 March 2019 be approved and signed by the Chair as a correct record of the proceedings.

3. **LAMBETH CHILDREN'S PARTNERSHIP UPDATE**

Strategic Director of Children's Services, Ms Annie Hudson presented the report.

In response to questions from Board Members, the meeting heard that:

- The extra £500,000 was newly allocated funding. A bid had been made to the Troubled Families programme. However, the national Troubled Families Funding was due to end in 2020 and whilst discussions were taking place nationally, it was not assumed that there would be funding beyond March 2020. Proposals had been

made to restructure the Early Health teams to make a revised offer to allow Early Help to be provided differently to the way it had been previously.

- The Streatham pilot had been extended to a wider area and a similar programme was being developed for Tulse Hill with a particular focus on early intervention responses to Youth Violence.
- It was important to reflect on available resources as a significant amount would be allocated to Tulse Hill, which was a generally smaller area. It was important to look at other areas where resources were required.
- There was a need to identify resources required, which were affordable to implement.
- At the time the paper had been written, there had not been a response to the bid that was made. Since then, news had been received that the bid had been successful.
- Paragraph 2.24 of the paper referred to supporting families in different ways and included a Primary Mental Health element. A full list of partnering organisations could be provided and included Chance UK (and many voluntary organisations).
- Cabinet Members would receive a further update on Early Help over the next few weeks.

There was a general issue regarding the alignment of services with geographical locations. This was something that needed to be taken into consideration in the future. Some service areas were well aligned geographically, some were not as they had been aligned for other service areas.

The Board noted the efforts being made towards family and community engagement. The Board also noted the importance of this work being followed through to full implementation. The Board noted a range of issues which have inhibited effective community engagement to date and emphasized the importance of enabling strong community participation in addressing these.

The reference made on page 6 of the agenda papers regarding CAMHS potentially occupying sites was still an ongoing discussion with CAMHS.

RESOLVED:

- 1) That the contents of the report be noted.

4. THE PUBLIC HEALTH APPROACH TO SERIOUS YOUTH VIOLENCE IN LAMBETH

Strategic Director of Children's Services, Annie Hudson, Public Health Registrar, Ms Rachel Scantlebury and Mr Kristian Aspinall, Head of Public Protection, presented the report.

Councillor Dyer stated that it was important to stress the importance of community engagement. It was a positive sign that attempts were being made to ensure that the voice of residents, young people and their parents were being engaged. It was the specific and wider communities which needed to be thought of as relevant voices. It was important to be conscious of minority communities, sensitivities regarding those communities and the importance of being culture-conscious when attempting to address minority communities. There were communities in the borough living different experiences. There were activities occurring in local areas that that was contributing to the community quite significantly. It was important to engage with these contributors. Councillor Dyer raised the opportunity to use programmes such as the Strengthening Families and Strengthening Communities which provides programmes to support parents.

Councillor Davie noted that there were some young people (some of whom came from BAME backgrounds) who have been involved in crime, drugs and violence; however, some of these young people had also had developed musical and business careers. Attempts needed to be made to inspire and encourage the entrepreneurial skills of these young people. The answer to this lay in working with communities rather than through the hospital or through Policing measures.

It was noted that recently, the Croydon Safeguarding Children Board had published a Vulnerable Adolescents Thematic Review. This was a document worth examining and had relevant lessons for Lambeth

The meeting welcomed the report and heard that:

- Lambeth was looking to work and learn from Southwark who shared the same police commander as Lambeth.
- Southwark had completed a 'locality review'. This had been led by the Home Office and reviewed the local context of youth violence, in particular in relation to the drugs market and county lines. Lambeth would have a similar assessment in early May 2019. There were many boroughs in the same position as Lambeth. Islington, for example, would partner with Children's Social Care development so that they could aim for improvement on youth violence issues.
- Former Leader of the Council, Lib Peck has been appointed as the Director of the London Violence Reduction Unit. The VRU has a potential role to help with understanding and the dissemination of good practice.
- Solutions for effective community engagement were challenging but essential and needed to be done in a meaningful way with the correct resources.
- It was important to evaluate the core elements of a good and effective response would be to situations suffered by young people, such as trauma, which could be experienced in different ways by young people of different age groups.
- Professionals were still developing their understanding in the area as there was still a considerable amount of learning that needed to

be done.

- The needs of an individual in the immediate aftermath of an incident were often different to the needs of the same individual in the long term.
- More work needed to be done with families and young people who needed protection.
- There appeared to have been an increase in the involvement of girls in non-partner based domestic violence over the last few months.
- There also had been an increase in the intensity of violence. Violent attacks often resulted increasingly in life changing injuries.
- Historically, Lambeth and Southwark had similar levels of knife crime. However, recently, knife crime in Lambeth had been reduced.
- Nationally, towns and villages had seen an increase in knife crime.
- The council had agreed an increase in council funding to support the Youth Violence Strategy, This was a £500,000 recurrent funding from 2019/20 and a further £500,000 from 2020/21, enabling a recurrent funding commitment of £1 million from 20/21, as well as potential external funding streams.

RESOVLED:

- 1) That the contents of the report be noted.
- 2) That the Board support the public health approach to tackling serious youth violence.

5. DEVELOPING PRIMARY CARE NETWORKS

Director of Primary Care Development, Lambeth CCG, Mr Andrew Parker presented the report.

In response to questions from Board Members, the meeting heard that:

- The focus on a prescribed model for primary care networks did not reduce the scope for a custom made local design, but did change some of the ways in which work could be pursued or completed.
- There was no particular expectation that practices needed to seek permission of other practices in relation to clustering. Individual practices were allowed to define their own geographical area as long as they did not overlap too much.
- The timing of the implementation was positive. If the proposals had been presented two years into the future, then it would have had to be implemented over already established 'neighbourhood' areas.
- The proposals provided an opportunity to work in a more integrated way.

RESOVLED:

1) That report be noted.

6. ADDRESSING CHILDHOOD OBESITY AND PROMOTING HEALTHY WEIGHT IN LAMBETH

Director of Public Health, Ms Ruth Hutt and Ms Bimpe Oki presented the report.

The Chair stated that historically, over last 10 years, the topic had been an area in which the Public Health team and the Council and CCG had excelled. The progress made on childhood obesity in Lambeth had been of interest to Public Health England. It was important to continue to sustain any reductions reduction in childhood obesity.

Brief intervention training had been rolled out to front line staff but rates of obesity at year 6 are plateauing. Some of the factors involved with stagnation were likely to be due to austerity and inequality. It was important to drive down numbers for childhood obesity once more and maintain the downward trend. Paragraph 5.7 listed what Lambeth was doing and perhaps the strategy in the near future needed to be reexamined. Lambeth had performed well to make progress but needed to be ready for the oncoming challenges.

In response to questions from Board Members, the meeting heard that:

- Environmental factors played a significant part in childhood obesity and deprivation was also a key factor.
- Members of Black and Asian communities appeared to have higher levels of childhood obesity. Deprived areas had less opportunity to maintain a supportive environment.
- Consideration needed to be given regarding a consistent approach regarding older children, children in care, school and the Youth Offending Service.
- Creative approaches could be taken to assist with the environmental factors. For example, banning advertising of fast food on the TfL network. There was also a system in China where engaging in exercise would actively add points to an individual's degree. Unfortunately, there were other factors resulting in people not getting involved in exercise, such as parents not letting children out to play because they were afraid of other risks to their children.
- The issue existed at a national level.
- The national child measurement programme was performed every year in all schools at year 6 and in reception. Parents were always informed if their child had a problem.
- Of the children identified as overweight or obese, only a relatively small number could be supported through formal weight management programmes.
- It had been a challenging task to examine how relevant services

could be provided without diverting from existing services.

- Attempts had been made to promote the Healthy Schools programme for primary and secondary schools.
- Lambeth was working with charities to examine what further work could be done for teenagers. Some work was underway with the Well Centre to examine the data and scale of the issues.
- A literature review on what worked for adolescent teens had been completed and the GSTT charity had provided some funding to complete some co-production work.
- One of the benefits in the Health In All Policies approach was that it supported all families and communities.

The meeting noted that children's weight was measured at school but the information was not shared with anyone other than parents and the School Nurse. It was not shared with other professionals.

As part of the Sugar Levy, schools were encouraged to be involved in the Daily Mile programme. All schools that had applied had informed that they were interested in taking part. Work was also being done with Crystal Palace football foundation. Further conversations were being held at the pan-London level.

RESOVLED:

- 1) That the report on addressing childhood obesity and promoting healthy weight in Lambeth that was considered by the Lambeth Children's Services Scrutiny Sub-Committee on 19 March 2019 be noted.

7. DIRECTOR OF PUBLIC HEALTH QUARTERLY REPORT QUARTER 4 18/19

Director of Public Health, Ms Ruth Hutt presented the report.

A Trans-clinic was now operational at Kings College Hospital. The Sexual Health services had worked with Clinic Q to develop the local clinic model.

CLOSE OF MEETING

The meeting ended at 7:55pm

CHAIR

Date of Despatch: Friday 12 April 2019

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