

Pharmacological Management of Non-REM Parasomnia

Note: Treatments noted in this pathway are **APC Amber 2 category** – initiation and minimum 3 months' supply by the sleep centre (specialising in Non-REM parasomnia). GPs are **not** expected to initiate these treatments but may be asked to take on prescribing in line with APC recommendations (patients will have individual management plans in place).

