



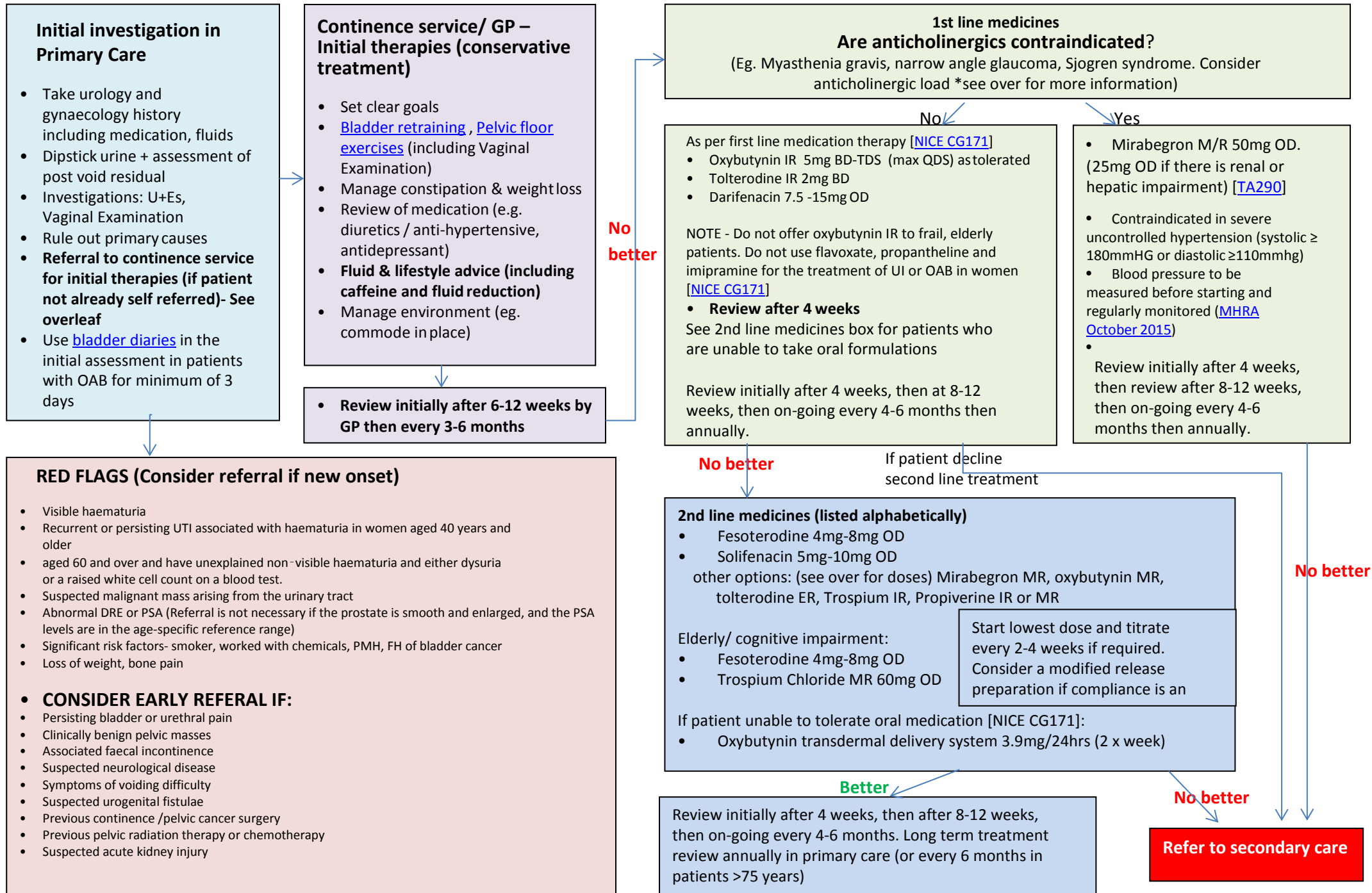
South East London Area Prescribing Committee:  
**Over Active Bladder (OAB) Care Pathway for adults in primary care**

Approved: December 2017

Review date: December 2019 or sooner if evidence/practice changes

**Not to be used for commercial or marketing purposes. Strictly for use within the NHS**

# South East London Over Active Bladder (OAB) Care Pathway for adults in primary care



# Medicines for OAB

The Summary of Product Characteristics (SPC) for the drugs should also be consulted for up to date prescribing information, including detailed information on adverse effects, drug interactions, cautions and contraindications (available via [www.medicines.org.uk](http://www.medicines.org.uk))

## Start with the lowest dose and titrate up if required every 2-4 weeks

Drug Name	Dose	Monthly cost (Oct 2017)	
Oxybutynin hydrochloride	2.5mg twice daily to 5 mg four times daily	56 Tabs	£1.70 - £5.10
Tolterodine tartrate	1 – 2mg twice daily	56 Tabs	£1.91 - £2.08
Darifenacin hydrobromide modified release	7.5 -15mg once daily	28 Tabs	£25.48
Fesoterodine fumarate modified release	4 – 8mg once daily	28 Tabs	£25.78
Solifenacin Succinate	5 – 10mg once daily	30 tabs	£27.62 - £35.91
Trospium chloride	20mg twice daily	60 Tabs	£5.80
Trospium chloride (modified release)	60mg once daily	28 Tabs	£23.05
Mirabegron modified release	50mg once daily. 25mg once daily if patient has renal or hepatic impairment	30 Tabs	£29.00
Oxybutynin hydrochloride (modified release)	5 – 20mg once daily	30 Tabs	£13.77 - £55.08
Tolterodine tartrate (modified release)	4 mg once daily	28 Tabs	£25.78
Oxybutynin hydrochloride 3.9mg/24hrs transdermal delivery	1 patch twice weekly	8 Patches	£27.20

## Are anticholinergics contraindicated / inappropriate?

- See BNF for full list of contraindications.
- Many prescription and non-prescription drugs have anticholinergic activity. The cumulative effect of this anticholinergic burden can increase the frequency and severity of adverse events.

The anticholinergic cognitive burden scale can help to assess risk and is available to download at <http://www.medicheck.com/>

## Contact details by borough for referral to continence services

CCG	Address	Telephone/Email address
Bexley	Oxleas	T:020 8319 7043, F:020 8319 7041
	Erith Health Centre or Queen Mary's Hospital	<a href="mailto:oxl-tr.CentralAccessTeam@nhs.net">Email: oxl-tr.CentralAccessTeam@nhs.net</a>
Greenwich	Oxleas	T:020 8319 7043, F:020 8320 3550
	Goldie Leigh, Bostall House, Abbeywood	<a href="mailto:oxl-tr.CentralAccessTeam@nhs.net">Email: oxl-tr.CentralAccessTeam@nhs.net</a>
Bromley	The Bromley Bladder & Bowel Service Addington Road Health Centre	T:020 8462 1255, Patients can also self refer. <a href="mailto:BROMH.continence@nhs.net">Email: BROMH.continence@nhs.net</a>
Lambeth	Lambeth & Southwark community specialist continence service, Akerman H/C, SW9 6AF	Tel: 020 3049 4020, Fax: 0203 049 4012 <a href="mailto:Gst-tr.ReferralsAdultCustomerServices@nhs.net">Email: Gst-tr.ReferralsAdultCustomerServices@nhs.net</a>
Lewisham	Marvel Lane Clinic SE12 6PN or Waldron Health Centre SE8 4BG	T: 020 8314 7777 <a href="mailto:LH.adultreferrals@nhs.net">Email: LH.adultreferrals@nhs.net</a>
Southwark	Dulwich Community Hospital or Lambeth & Southwark community specialist continence service, Akerman H/C, SW9 6AF	T: 020 3049 4020, T: 020 3299 6091 <a href="mailto:Gst-tr.ReferralsAdultCustomerServices@nhs.net">Email: Gst-tr.ReferralsAdultCustomerServices@nhs.net</a>