

**NHS Lambeth Clinical Commissioning Group (CCG) Borough Prescribing
Committee (LBPC)**

**Approved Minutes of the Meeting held on 18 July 2018 at 10.00am
Lewisham Room, 1 Lower Marsh**

Present:

Dr Di Aitken (DA)	GP, Chair, South East Locality
Dr Liz Williams (LW)	GP, South West Locality
Iris Javaid (IJ)	Practice Nurse, North Locality
Rimal Patel (RP)	Community Pharmacy Medicines Optimisation Lead
Dr Miriam Ish-Horowicz (MH)	GP, Local Medical Committee (LMC) representative
Raj Matharu (RM)	Local Pharmaceutical Committee (LPC) Representative
Sophie Bhandary (SB)	Senior Clinical Commissioning Pharmacist
Finlay Royle (FR)	Senior Clinical Commissioning Pharmacist
Jenny Sivaganam (JS)	Senior Clinical Commissioning Pharmacist
Buki Odunlami (BO)	Clinical Commissioning Pharmacist
In attendance:	
Daniel Stein (DS)	Prescribing Support Dietitian
Rebecca Brocklehurst (RB)	Prescribing Support Dietitian
Victoria Malone (VM)	Prescribing Support Dietitian
Kath McPherson (KM)	Business Support Officer (minutes)
Apologies	
Michelle Binfield (MB)	Commissioning Manager, Lambeth Local Authority
Vanessa Burgess (VB)	Assistant Director, Medicines Optimisation and LTCs
Dr Sadru Kheraj (SK)	GP, South East Locality
Shu Ling Man (SLM)	Senior Clinical Commissioning Pharmacist

Agenda Item	Action for / date
<p>1. Welcome and Introductions The Chair welcomed all to the meeting.</p>	
<p>2. Apologies for absence The Committee is asked to receive apologies for absence.</p>	
<p>3. Minutes of previous meeting, action log and Declaration of Interests The minutes of the May meeting were accepted subject to the following correction:</p> <ul style="list-style-type: none"> • Item 7: Patient Group Direction (PGD) for the supply of metronidazole for the treatment of bacterial vaginosis or trichomonas vaginalis by Brook employed registered nurses/midwives. The PGD was extended to January 2019 not May 2019 as stated. <p>Action log:</p> <ul style="list-style-type: none"> • Patient representation – Governance Directorate is developing job descriptions for patient representatives • Hypertriglyceridaemia pathway and Omega 3 – ratified by South East London Area Prescribing Committee and available on webpage. Action closed. 	

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<ul style="list-style-type: none"> • Terms of reference – on agenda • Medicines Authorisation form: It has not been possible to obtain an update from the author and action extended until September meeting • Oral Nutritional Supplements: OptimiseRX messages: the messages have been updated and action closed • Contraceptive prescribing: action outstanding • Pain management resources: the outstanding resources have been approved by Chair's action. Action closed • Respiratory indicator: the indicator has been amended to reflect the work undertaken by practices. Action closed • Reduce medicines waste resource: the outstanding resources have been approved by Chair's action. Action closed • Effectiveness review: a question around provision of services which could cover any private services a practice may provide has been added to the conflict of interests submission form. Action closed • STI guidelines: on agenda • Valproate Pregnancy prevention programme: The information has been received from the Medicines and Healthcare Products Regulatory Agency. The South East London Area Prescribing Committee is reviewing these and developing guidance. Action closed • Management and control of prescription forms: the information has been circulated to practices. Action closed 	
<p>4. 2018/19 Medicines Optimisation Scheme Update</p> <p>Version 1.1 of the Scheme Summary has been circulated to practices after approval by Chair's action. The following amendments were agreed by Chair's action:</p> <ul style="list-style-type: none"> • Antibiotic metric updated to reflect NHS England baseline data • Repeat dispensing achievement criteria amended to the level achieved by two thirds of practices, in line with other indicators • Typographical errors <p>The PrescQIPP self care prescribing data has been released and the Scheme will be updated to reflect this. The final version will be approved by Chair's action and circulated to practices with the 2018/19 Disease-modifying antirheumatic drugs service specification.</p>	
<p>5. 2017/18 Medicines Optimisation Scheme achievements</p> <p>The 2017/18 respiratory indicator metric has been amended to reflect the amount of work practices have carried out in this area and is awaiting approval by the Assistant Director of Medicines and Long Term Conditions and the Director of Integrated Adults Commissioning. The amendments will be circulated to LBPC members electronically for comment and approval. Once approved, the achievements will be submitted for approval by the Primary Care Commissioning Committee.</p>	
<p>6. Lambeth Borough Prescribing Committee Terms of reference update</p> <p>The update has been completed, subject to approval by the Assistant Director of Medicines and Long Term Conditions. The final draft will be submitted to</p>	

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<p>September LBPC for review subject to discussions with the Chair regarding the future direction of the LBPC..</p>	
<p>7. Lambeth and Southwark Sexually Transmitted Infections (STIs) Quick Reference Treatment Guideline for primary care</p> <p>LBPC approved the final draft of the guideline subject to the following amendments:</p> <ul style="list-style-type: none"> • Hyperlink to the contacts section to be added • Clarification of how prescribers access advice and guidance on STIs on the electronic referral system • Add hyperlink to information on Hepatitis B and C, in particular the definition of high risk patients. • Show first line treatment for Pelvic Inflammatory Disease in bold • Bacterial Vaginosis – amend first line (oral metronidazole 400 mg twice daily) to 5 days to reflect advice of local sexual health specialist and local prescribing practice. <p>Public health guidance on the treatment of vaginal candidiasis is that patients should visit their GP if have more than 4 episodes in a year. However NHS Choices recommends seeing the GP if there are more than 2 episodes in six months. The Committee consensus was that NHS Choices guidance should be followed as patients are often directed to the site for information on self care. This is also in line with local sexual health clinical lead opinion.</p> <p>The Committee also discussed local practices in prescribing of clotrimazole during pregnancy, chlamydia retesting requirements and hepatitis B & C high risk groups.</p> <p>The LPC representative queried if the Local Authority were aware that doxycycline is now first line treatment for chlamydia as Community Pharmacist patient group direction allows a choice of doxycycline and azithromycin. LPC representative will inform contractors of the preference to use doxycycline however suggested it would be helpful if communication of this change was received from the CCG and Local Authority.</p> <p>The guideline is also subject to approval by NHS Southwark CCG and final sign-off by the Guy's and St Thomas's NHS Foundation Trust (GSTT) Sexual Health Lead.</p> <p>Local Authority/Public Health (PH) Team is delivering training to prescribers and the LPC representative queried if any evening sessions are available to facilitate attendance by community pharmacists.</p>	<p>BO to follow up training request and PGD changes with Local Authority</p>
<p>8. Prescribing Support Dietitians reports</p> <ul style="list-style-type: none"> • Adult Oral Nutritional Supplements (ONS) update <p>A new band 7 dietitian has joined the team. The service is now moving into a maintenance phase to embed the work done with practices to promote appropriate prescribing of ONS. The service has good engagement with practices and is now receiving direct requests for guidance to the generic email. The standard discharge letter and OptimiseRx messages have been updated.</p>	<p>RB to discuss communication of case studies to</p>

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<p>The team are now also starting some work reviewing ONS use in care homes.</p> <ul style="list-style-type: none"> Paediatric update <p>The paediatric service has been in place since 2017 and a full year of data is now available. The data shows a reduction in spend over the period. High spending practices have been visited regularly and the data shows a change in prescribing in line with local guidance which has also resulted in a reduction in spend. The paediatric dietitian has established a weekly clinic at the Mary Sheridan Centre, where patients can be followed up after the initial review in the GP practice. GP referrals are also accepted. The Guy's and St. Thomas 'Hospital Allergy Interest Group has held some study days which have been well attended by health visitors and school nurses. Any future dates will be circulated to LBPC for information. Some interesting case studies were summarised and LBPC suggested it would be useful to share these on a wider basis.</p> <ul style="list-style-type: none"> Quick Reference ONS product guidance - revised <p>Products and prices have been updated and LBPC approved the revision.</p>	<p>practices with SLM</p>
<p>9. Review of expired guidance on LBPC webpage</p> <p>LBPC are asked to review and approve the appropriate action for the following guidance:</p> <ul style="list-style-type: none"> Specials guidance – weblink expired and up to date resources are available on the Medicines Optimisation intranet resource page. To be deleted. Availability and supply of respiratory support devices to healthcare professionals - up to date resource available on Medicines Optimisation intranet resource page. To be deleted. Vitamin D in childhood – APC guidance available. To be removed Antibiotic patient leaflets and toolkit – links to be updated Positive cardiometabolic health – to be reviewed by Consultant Pharmacist, Cardiovascular disease Medicines update – July 2013 Pancreatic risks of GLP-1 based therapies for type 2 diabetes –South East London Area Prescribing Committee (SEL APC) guidance relating the type 2 diabetes now includes this information. To be removed Guideline for the management of suspected and acute deep vein thrombosis in non-pregnant patients (GSTT) – to be reviewed by Cardiovascular Consultant Pharmacist LAMP resource pack (malnutrition) – to be retained for the time being to explore if these are hosted on any other public web pages Management of acne – ~This guideline is out of date and is to be removed SLM to investigate if Planned Care Programme Board is developing any guidance in this area Management of eczema in children – as acne guideline Management of psoriasis – will be incorporated into SEL APC Psoriasis pathway work. To be removed Primary care management of erectile dysfunction due to severe distress- This guideline is out of date and will be removed. Joint Working Policy – to be reviewed by VB LBPC Terms of reference – update in progress 	<p>Guidance to be reviewed/removed as appropriate Medicines Optimisation Team</p>

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<ul style="list-style-type: none"> • Inhaler information leaflets – to be removed • Denosumab Shared care guidance- to be retained pending outcome of proposal to initiate denosumab in primary care currently being considered by the SEL APC • Melatonin shared care guidance – Sleep centre guidance is being submitted to the July APC for approval. Guidance to be retained until superseded by SEL APC guidance which is in progress. • Off- label use for REM sleep behaviour disorder & Circadian rhythm sleep disorders - Guidance to be retained until superseded by SEL APC guidance which is in progress • • Modafinil in narcolepsy shared care guidance – Guidance to be retained until superseded by SEL APC guidance which is in progress • Sodium oxybate in cataplexy – Guidance to be retained until superseded by SEL APC guidance which is in progress • 	
10. Standing Items	
<ul style="list-style-type: none"> • Finance update <p>The 2018/19 prescribing budget has been set based on historic fair shares methodology. There are significant challenges given the overspend in 2017/18. There have been some practice closures and there are upcoming mergers which have resulted in some practice lists increasing significantly. It was noted that the Hub addresses had now changed and the Hubs are allocated one budget for use across all the hub sites.</p> <ul style="list-style-type: none"> • Community Pharmacy update <p>It was confirmed there will be regular Local Pharmaceutical Committee attendance at LBPC following the retirement of the previous Chair.</p> <ul style="list-style-type: none"> ▪ Practice Pharmacist update <p>A grant application has been submitted to the Health Innovation Network (HIN) and Health Education England to facilitate the setting up of a network to support practice pharmacists and provide education resources.</p> <ul style="list-style-type: none"> ▪ OptimiseRx update <p>There is a known issue with OptimiseRxspeed currently which the provider is working to resolve.</p> <ul style="list-style-type: none"> • Medicines Optimisation Risk Register <p>The recent effectiveness review identified a need to share the Medicines Optimisation Risk Register with LBPC for information and the latest update was presented. The register identifies the risks associated with the Scheme, and the controls, such as practice visits, launch events and incentive scheme, put in place to help minimise the risk. The register also identifies gaps, such as the implementation of the NHS England Low Priority Prescription Only Medicines recommendations. The register is updated regularly with the intention of reducing the risk score (currently 16). The register is reviewed by the Integrated Commissioning for Adults Programme Board and the Information Governance Committee.</p> <ul style="list-style-type: none"> • 2018/19 Draft Prescribing Dashboard <p>The effectiveness review also identified a need to share the Practice Prescribing</p>	

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Dashboard with the Committee for information. The 2018/19 mock dashboard was developed using Quarter 4 2017/18 data to support the launch events in May/June 2018.	
11. Items for Information	
<ul style="list-style-type: none"> • Medicines Safety News bulletin June 2018 • Quarter 1 2018/19 Quality Alerts, Incidents and Commendation (QUIC) Medication Incident Alerts <p>It was suggested that a checklist for eyedrops and ointments would be useful for community pharmacists when patients are referred to them by the ophthalmologist. It was also noted that there is no guidance from NHS England on the distinction between a minor and a long-term condition. This remains a clinical decision for the individual prescriber.</p> <ul style="list-style-type: none"> • GSTT Drugs and Therapeutics Committee minutes May 2018 • SEL Joint Formulary Committee minutes April 2018 <p>SEL APC guidance for local ratification (hyperlinks)</p> <p>New guidance</p> <ul style="list-style-type: none"> • Enoxaparin Prescribing Guidance • Anal Fissure Treatment Pathway • Pathway for the Management of Papulopustular Rosacea • Psoriasis biologic pathway • Psoriasis pathway monitoring framework <p>Guidance on NHS England items not for routine prescribing in primary care</p> <ul style="list-style-type: none"> • Patient information: changes to coproxamol prescribing • Unlicensed Co-proxamol (dextropropoxyphene and paracetamol) Prescribing Factsheet • Patient information: Changes to prescribing of prolonged-release doxazosin • Doxazosin review - prescribing fact sheet • Patient information: Changes to glucosamine and chondroitin prescribing • Patient information: Changes to herbal treatment prescribing • Patient information: Changes to homeopathic remedy prescribing • Patient information: Changes to once-daily tadalafil prescribing • Patient information: Changes to perindopril arginine prescribing <p>Updated guidance:</p> <ul style="list-style-type: none"> • Emollient guidance for adults and children • Emollients Patient Information Leaflet • Rifaximin-α (Targaxan®) for preventing episodes of overt hepatic encephalopathy in adults Screening Checklist and Notification of Initiation to GP • FreeStyle Libre position statement updated July 2018 • FreeStyle Libre patient Frequently Asked Questions updated July 2018 • South East London Interface prescribing policy <p>New Medicines Recommendations:</p> <ul style="list-style-type: none"> • Recommendation 081 Botulinum toxin type A injection for the treatment of posterior and anterior anal fissure (red) • Recommendation 082 Efracea for the treatment of papulopustular facial 	<p>Checklist for eyedrops/ointments to be developed JS</p>

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<p>rosacea in adults (green)</p> <ul style="list-style-type: none"> • Recommendation 083 Soolantra for treatment of papulopustular facial rosacea (green) • Recommendation 084 Trelegy and Trimbaw in Chronic Obstructive Pulmonary Disease (COPD) • Recommendation 085 Spiriva Respimat in COPD • Recommendation 086 Spiolto in COPD • <p>All items for information were noted.</p>	
<p>12.AOB</p> <ul style="list-style-type: none"> • Consultation on paediatric Disease-modifying antirheumatic drugs (DMARDS) shared care guidelines <p>It is anticipated that there will be a significant volume of comments received from Local Medical Committee members regarding the paediatric SEL APC DMARDS shared care guidance.</p> <ul style="list-style-type: none"> • Requests to GPs to prescribe varenicline by the Guy's and St. Thomas' Hospital Stop Smoking Service <p>This will be discussed outside of the meeting.</p>	

2018 Meeting dates:

Date	Time	Venue
19 th September 2018	10.00-12.00	Lewisham Room
21 st November 2018	10.00-12.00	Lewisham Room