WHAT HAPPENS WHEN I SEE THE OPTOMETRIST?

The optometrist will discuss your recent eye history, any symptoms you may be experiencing and any related medical history. Please take a list of all current medications and your up to date glasses with you to the appointment. As a result of the consultation you may be given appropriate treatment by the optometrists, referred to your GP if the condition is related to your general health, or referred directly to the hospital eye service if your eye condition is more serious.

Following your appointment, the optometrist will notify your GP about the outcome of your consultation in order to ensure your medical records are updated. Please note, information about you will be collected such as ethnic origin, age and type of eye problem. You cannot be identified by this data. The data will only be used for clinical review, commissioning and research purposes. Should you wish to opt out, please discuss this with your optometrist.

Although you can access the Minor Eye Conditions Scheme without a referral, if your doctor has recommended that you visit an Optometrist they may wish to enter in some information below.

FOR REFERRE USE ONLY

Patient Name: __________________________ D.O.B: __________________________

Reason for Referral: __________________________

Have you previously administered any treatment for this condition?  
Yes      No

If yes, please give details - __________________________

Referrer Name: __________________________

GP Practice name and address: __________________________

Date: __________________________
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- Referrer Name: 
- GP Practice name and address: 
- Date: 

**ABOUT THE SCHEME**

The Minor Eye Conditions Scheme allows patients across Lambeth and Lewisham to access NHS treatment for a range of eye conditions. Instead of having to visit hospital for treatment, patients can now be seen by a highly trained optometrist based in a local optician’s practice. The aim of the scheme is to allow patients to access treatment quickly, near to where they live and work.

Appointments are often available within two days and many of the practices offer appointments at weekends. All of the opticians listed on the next page are able to see and treat patients for a range of conditions such as:

- Red eye
- Sticky eye (difficulty opening your eye or yellow discharge)
- Watery eye (excessive tears)
- Pain or discomfort in or around the eyes
- Recent onset or sudden increase of flashes of light or floating objects in your vision

If you are unsure whether your eye problem requires medical attention, please call one of the practices on the next page who will be happy to advise you.

Please note if you are suffering from significant pain, a sudden loss of vision in one or both eyes, chemical burns or a penetrating injury then you should go directly to the Eye Casualty department at St Thomas' Hospital or your nearest A&E.

**WHERE CAN I BE SEEN?**

Below is a list of all participating Optometrists in Lambeth and Lewisham -

**Lambeth**

<table>
<thead>
<tr>
<th>Area</th>
<th>Practice</th>
<th>Address</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brixton</td>
<td>Banks Optometrists</td>
<td>8 Acre Lane SW2 5SG</td>
<td>020 7274 4414</td>
</tr>
<tr>
<td>Oval</td>
<td>Medirex Opticians</td>
<td>60a Brixton Road SW9 6BS</td>
<td>020 7735 5309</td>
</tr>
<tr>
<td>Oval</td>
<td>Oval Eyes Opticians</td>
<td>8 Clapham Road SW9 0JG</td>
<td>020 7820 0935</td>
</tr>
<tr>
<td>Stockwell</td>
<td>Medirex Opticians</td>
<td>98 Stockwell Road SW9 0JR</td>
<td>020 7501 9966</td>
</tr>
<tr>
<td>Streatham</td>
<td>Boots Opticians</td>
<td>6 Astoria Parade SW16 1PR</td>
<td>020 8769 1030</td>
</tr>
<tr>
<td>Vauxhall</td>
<td>Medirex Opticians</td>
<td>28-29 Wilcox Close SW8 2UD</td>
<td>020 7622 1893</td>
</tr>
<tr>
<td>West Norwood</td>
<td>London Eye Care Centre</td>
<td>30 Knights Hill SE27 0HY</td>
<td>020 8670 1845</td>
</tr>
<tr>
<td>West Norwood</td>
<td>R Woodfall Opticians</td>
<td>286 Norwood Road SE27 9AF</td>
<td>020 8670 4100</td>
</tr>
</tbody>
</table>

**Lewisham**

<table>
<thead>
<tr>
<th>Area</th>
<th>Practice</th>
<th>Address</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Catford</td>
<td>Boots Opticians</td>
<td>125 Rushey Green SE6 4AA</td>
<td>020 8697 4717</td>
</tr>
<tr>
<td>Crofton Park</td>
<td>Crofton Park Opticians</td>
<td>384 Brockley Road SE4 2BY</td>
<td>020 8692 8335</td>
</tr>
<tr>
<td>Deptford</td>
<td>The Sight Centre</td>
<td>78 Deptford High Street, SE8 4RT</td>
<td>020 8691 5500</td>
</tr>
<tr>
<td>Forest Hill</td>
<td>Kassford Opticians</td>
<td>50 London Road SE23 3HF</td>
<td>020 8699 3196</td>
</tr>
<tr>
<td>Sydenham</td>
<td>R Woodfall Opticians</td>
<td>6 Sydenham Road SE26 5QW</td>
<td>020 8778 4557</td>
</tr>
</tbody>
</table>

For more information, or for an up to date list of participating optometrists please visit - [www.lslloc.org](http://www.lslloc.org)